

Panj Meeting: 10/5/14

Attendance: Gurucharan, Nam Kiret Singh, Ajeet, and Guru Surya

NEXT PANJ MEETING is Monday Nov. 3rd 7pm at Gurucharan's 550 NE Tillamook St. All are welcome to attend the panj meetings.

Building community:

We would like to connect with all the Kundalini teachers in Portland and check in with them to see how we can support each other. Ajeet will create a list and start to call each teacher personally.

Treasurer report:

Currently 12 teachers are paying \$11 per month or \$108 per year. Thank you! With this income increase we will be able to advertise and do more for Kundalini yoga.

Many thanks to our community supporters:

Sirgun has been posting on facebook Kundalini events and thank you. We hope to have help with facebook soon as Sirgun is no longer trading the marketing fee for her services. We also see the need for one person to monitor postings. Let's make sure all studios get supported on **Facebook**.

We have so much gratitude for our yoga studios supporting the growth of Kundalini Yoga: Shakti House and Mandala and soon Turtle Yoga. Gurucharan would like to connect with the yoga studio owners to hear about their visions. He will connect with Sirgun and Amanjot soon.

Guru Suyra does the newsletter, website, and now the calendar. What a huge seva this radiant soul does for the community! We need someone to help with the calendar that is connected with the panj and also to post facebook events **DOES THIS SEVA CALL TO YOU?** Perhaps it could be a trade for teachers' marketing fees.

Nam Kiret will do the calendar for now but we still need the facebook tech....

Note only those teachers that are currently paying the marketing fee are posted. Nam Kiret will verify before posting your class on the calendar. **THANK YOU** Kundalini teachers for supporting your community in this way.

Guru Surya will train the panj about facebook on a Sunday after sadhana. Date to be determined soon.

Community Events: How should we support events for profit beyond seva? Could the panj help cover expense of a meal? We feel that we are not financially able to cover expenses at this time if the event is for profit. We certainly offer our support, as best we can, to help promote by letting the KY community know about the events.

Please note all of you marketing fee paying teachers, if you have an Kundalini event for us to post contact satnam@kypdx.org (As much advance notice, that you can give us, is greatly appreciated.)

Remember this Thursday morning, Oct 9th, 4am Shakti House Guru Ram Das Birthday chanting. He is the Lord of Miracles and it is said that whatever you wish for on his birthday will come true. I think a few of us will be wishing for an even stronger radiant kundalini community!

There are still 2 open panj board member positions to fill. You may ask yourself could you possibly do more? Go within and reflect how your life has been impacted with this gift of Kundalini Yoga.

I slept and dreamt that life was joy.

I awoke and saw that life was service.

I acted and behold, service was joy.

Rabindranath Tagore